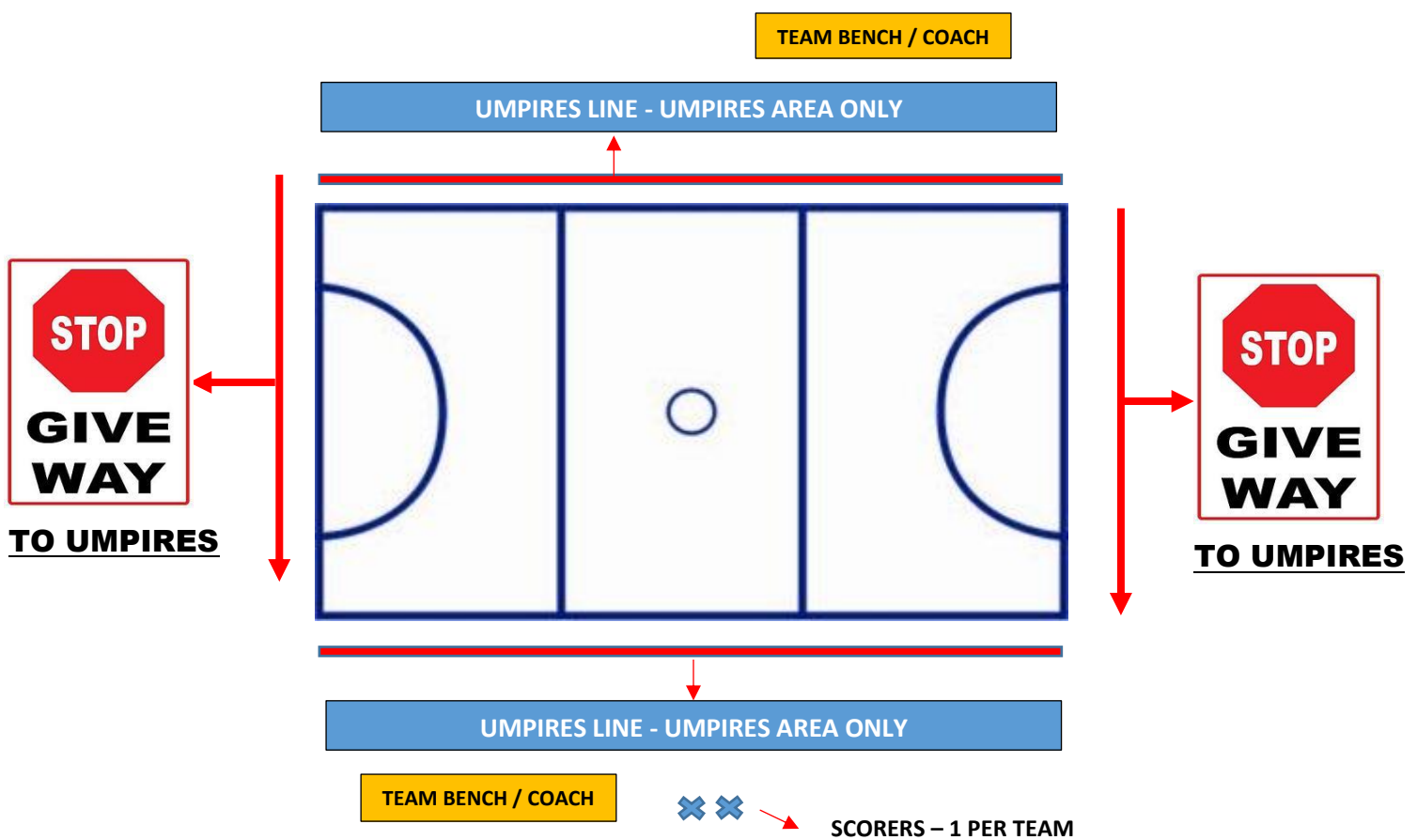


HDNA Competitions Information Booklet



PLEASE REMEMBER TO STAND IN THE CORRECT AREA DURING THE ENTIRE GAME

Please note: coaches, spectators and players are not permitted to walk up and down the sideline or goal line. You must stand in your designated area on the sideline in yellow above. Only the umpire and the umpire coach is permitted in the umpire areas indicated in blue above.

Dear Coaches, Managers, Parents and Spectators

We are asking for your collaboration in creating a family friendly environment for our young players and their families taking part in Saturday competitions.

Sports and competitions do invoke some passionate responses and feelings from both players and spectators alike. While we recognise these emotions are a part of sports we are sure that you would agree with us that we should aim to provide a competition environment where young children are not exposed to bad language, swearing and fighting both on and off the court.

HDNA wish to remind players, coaches and parents of our zero tolerance to swearing, abusive language and unsportsmanlike behaviour on court. We seek your assistance by asking the coaches and managers to step in not only to stop such behaviours on court but also amongst any family, friends or team supporters. Of course there will always be the option to contact one of the court supervisors in purple or a HDNA committee member if support with an issue is required.

Fostering encouragement and support of all children to ensure they grow, develop and thrive is the foundation to your child's success in netball.

Thank you in advance for your support.

HDNA Executives



Competition Rules and FAQ's

We are currently still operating under moderate **Covid-19 restrictions**. Please follow our 6 Key Principles:

1. Scan in/out using the QR Code
2. Maintain physical distancing of 1.5 metres from others
3. Practice good hygiene and use the hand sanitising stations provided
4. Get in PLAY get OUT!
5. Stay home if you are feeling unwell
6. Masks should be worn by spectators if you cannot socially distance

Game Times

NetSetGo 7-10 years competition – 8.00am and 9.00am

Saturday Junior Competition – 10.00am / 11.00am / 12.00noon / 1.00pm

Monday Night Competition – 6.30pm / 7.30pm / 8.30pm

Forfeits

Clubs/Teams are requested to advise of intention to forfeit as early as possible or by **5.00pm the day before the scheduled game**. Forfeits must be sent via the **HDNA mobile phone – 0438 639168**. **No forfeits will be accepted via email**. A \$40 forfeit fee will apply if teams give less than 24 hour's notice.

Competition Calendar & Events

Please refer to the HDNA website for the yearly Competition Calendar & Events.

Scorers & Score Boards

1 scorer from each team must stand together the whole game. The paper score sheet is the definitive score that will be recorded in the office. All score boards are to be collected and returned via the Competition window. General enquiries or players needing to sign on as they are filling in for a team, can all be done through the office window.

Bad Weather

HDNA will make a decision regarding wet weather or extreme heat no later than 60 minutes prior to each competition timeslot. Please do not contact HDNA or your Club to check if games are still on. If games are cancelled this will be posted on HDNA's website and Facebook pages only 1 hour prior to the scheduled game/s.

Earrings & Jewellery

No earrings are permitted on court for any age group. No taping of earrings is permitted. No jewellery is permitted on court this includes body piercing.

Behaviour

All spectators must abide by the HDNA Codes of Behaviour & Conduct as per our Members Policy on the website. HDNA has zero tolerance to swearing, abusive language and unsportsmanlike behaviour on and off court. HDNA will not hesitate to remove people from the courts if inappropriate behaviour occurs.

Coaches & Spectators

Coaches, spectators and players are not permitted to walk up and down the sideline or goal line during a game. You must stand in your designated area on the sideline. Only the umpire and the umpire coach is permitted on the umpire line (see image on front cover).

Spectator Support

Cheer, support and encourage all players and umpires using positive language only. If it's not positive, it's pointless! Parents are reminded to be aware of how vocal you are on the sideline. Players need to be able to hear the umpire's calls and any directions from the coach during the game.

Umpiring

Respect the umpires at all times. Just like your child, they too are learning. Clubs are responsible for providing 1 umpire per team (Saturday's only). If you have a complaint about your club's umpire, please see your Club Umpire Convenor or Club President. All umpires must sign-on 15 minutes before their allocated game at the umpires meeting room and be dressed in all white (no white shirt over club uniform).

For **Monday Night Competition**, please refer any umpiring issues to the Monday Night Umpire Coordinator in the office during the game. No complaints will be accepted post-game.

HDNA Supervisors

HDNA Supervisors can be easily identified in purple vests across all competitions. Should an issue occur or you need immediate assistance on court, your first point of contact is the HDNA Supervisor. If additional assistance is needed a HDNA Committee member will be sent to the court.

Complaints

Your first point of call is asking for assistance by a HDNA Supervisor whilst the game is in progress (not at the end of the game). Any complaint will need to be emailed to your Club Secretary or Team Captain first, not HDNA. If action is required, the Club Secretary or Team Captain will contact HDNA via email.

Match Ball & Fruit

HDNA will provide a sanitised match ball for all games for all competitions. Clubs/Teams are reminded that the sharing of fruit during intervals or post-game is not recommended under the current Covid-19 restrictions.

Nails & Hair

Nails should be cut short. Taping of nails is not permitted. Hair should be tied back so the positional bib is easily identified by the umpire.

EFTPOS

EFTPOS will now be available at the HDNA office. The Canteen will also have EFTPOS available on Saturday's.

No Dogs Permitted at Firth Park

No dogs are permitted on or around the courts as per the GCCC signs around Firth Park Sporting Complex.

Sun Cream

Sun cream stations are provided on the wall outside the HDNA office and First Aid room for all members.

NetSetGO 7-8 year old girls and boy's competition

NSG/HDNA Modified Rules:

- All clubs must implement the drills and skills of NetSetGO on their training days
- Players learn all positions and keep a rotation system throughout the year
- Size 4 ball, 8' goal posts
- **Modified NetSetGO Rules 7 year olds all rounds**
- Non-scoring team takes the next centre pass
- Up to 5 seconds to pass ball
- 1-2 steps to re-gain balance
- Players may not defend a shot at goal
- NO PARENTS OR COACH IS ALLOWED TO WALK UP & DOWN THE SIDELINE
- COACHES only may enter the field of play to give clear instructions/support to a player or players
- There will be no scoring for this competition
- Coaches are permitted to umpire the game but must do so fairly for both teams without bias
- Coach umpires must only umpire their half of the court (not both ends)
- **Modified NetSetGO Rules for 8 year olds rounds 1-6, then full rules rounds 7-15**

NetSetGO 9 year old girls and boys competition

NSG/HDNA Rules:

- All clubs must implement the drills and skills of NetSetGO on their training days
- Size 4 ball, 8' goal posts
- **Full rules as per the AANA Netball Rules**
- Alternate centre pass as per the full netball rules
- NO PARENTS OR COACH IS ALLOWED TO WALK UP & DOWN THE SIDELINE
- NO COACH IS ALLOWED ON THE COURT
- Players learn all positions and keep a rotation system throughout the year
- There will be no scoring for this competition
- Coaches are permitted to umpire the game but must do so fairly for both teams without bias
- Coach umpires must only umpire their half of the court (not both ends)

NetSetGO 10 year old girls and boys competition

NSG Rules:

- All clubs must implement the drills and skills of NetSetGO on their training days
- Size 5 ball, 10' goal posts
- **Full rules as per the AANA Netball Rules**
- **Coaches cannot umpire their own team**
- Alternate centre pass as per the full netball rules
- NO PARENTS OR COACH IS ALLOWED TO WALK UP & DOWN THE SIDELINE
- NO COACH IS ALLOWED ON THE COURT
- There will be no scoring for this competition

Our Club:
SUPPORTS Kids
Is SAFE for Kids
Is FUN for Kids

**THESE ARE KIDS
THE COACHES ARE
VOLUNTEERS
BE THE ROLE MODEL
YOUR KIDS CAN BE
PROUD OF!**